

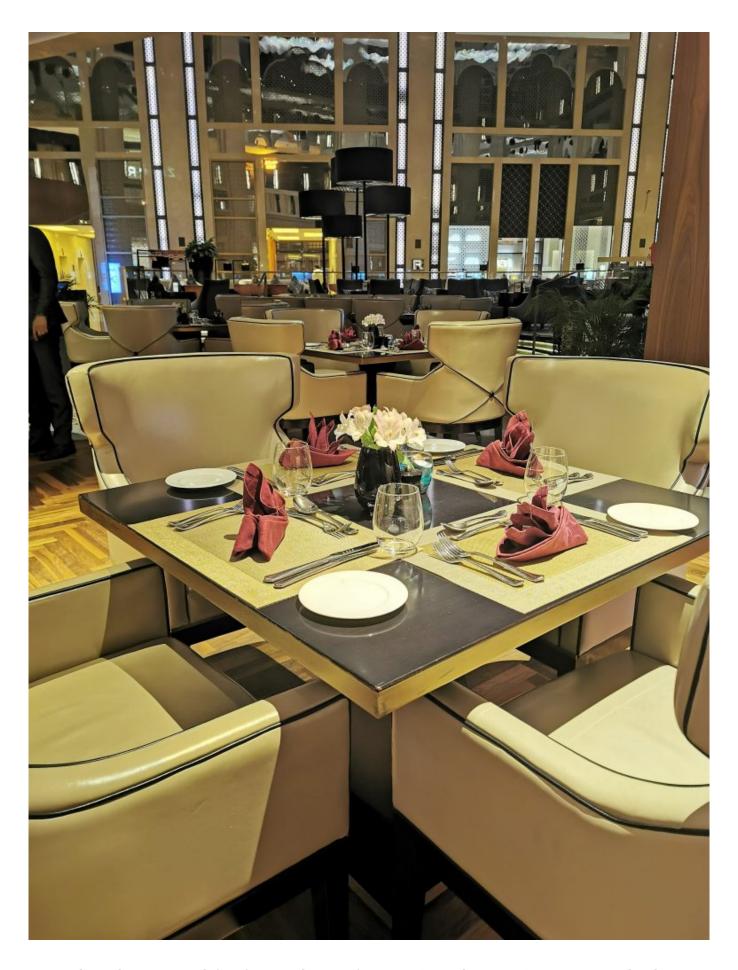
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Leading off from The H's impressive lobby, the seafood extravaganza prepared by Eat & Meat restaurant makes for an evening of fun accompanied by fine delicacies from the sea.

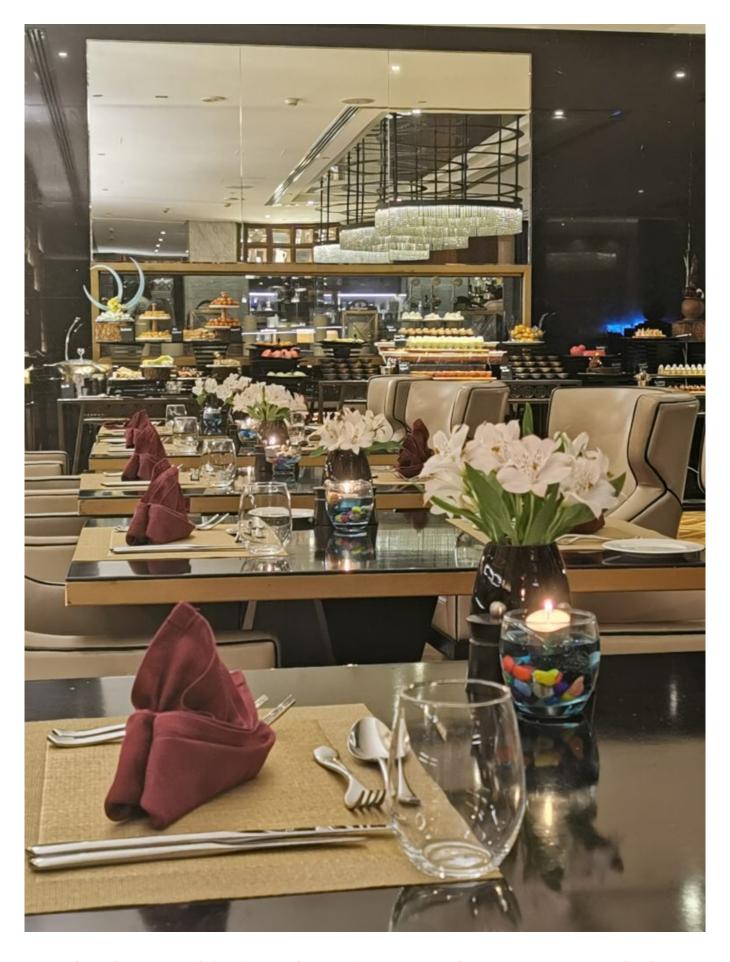
It's an elegant space, and the high ceiling offers a feeling of airiness and relaxation. This is amplified by finely appointed table setting and silverware.





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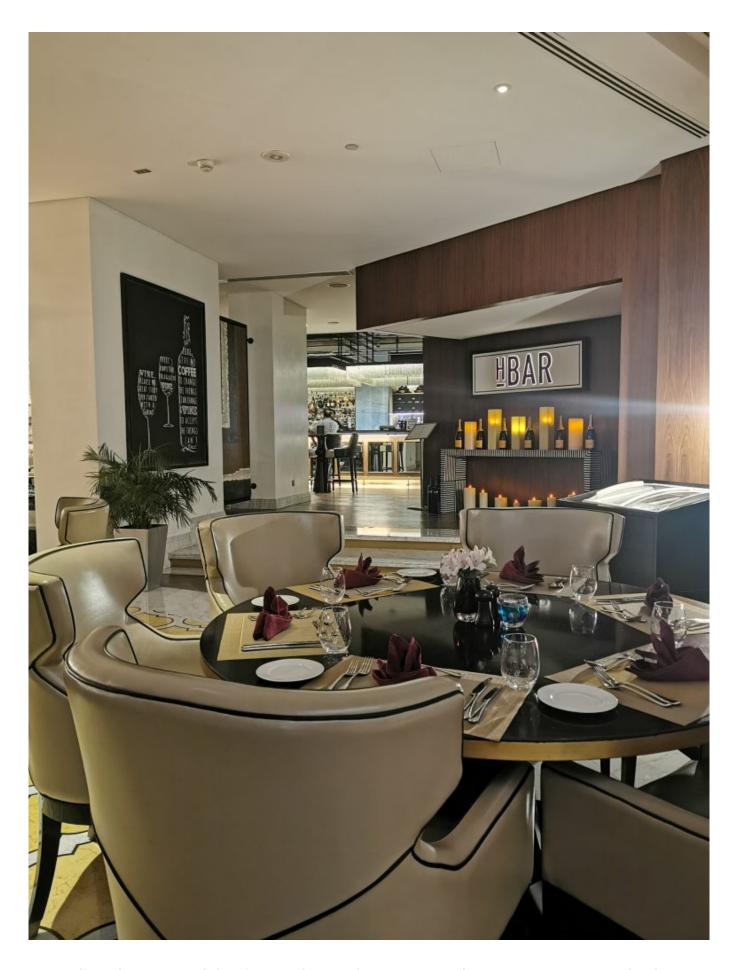


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You're centrally located within The H, and other facilities beckon nearby, for an aperitif, or simply to meet up before entering the dining area.



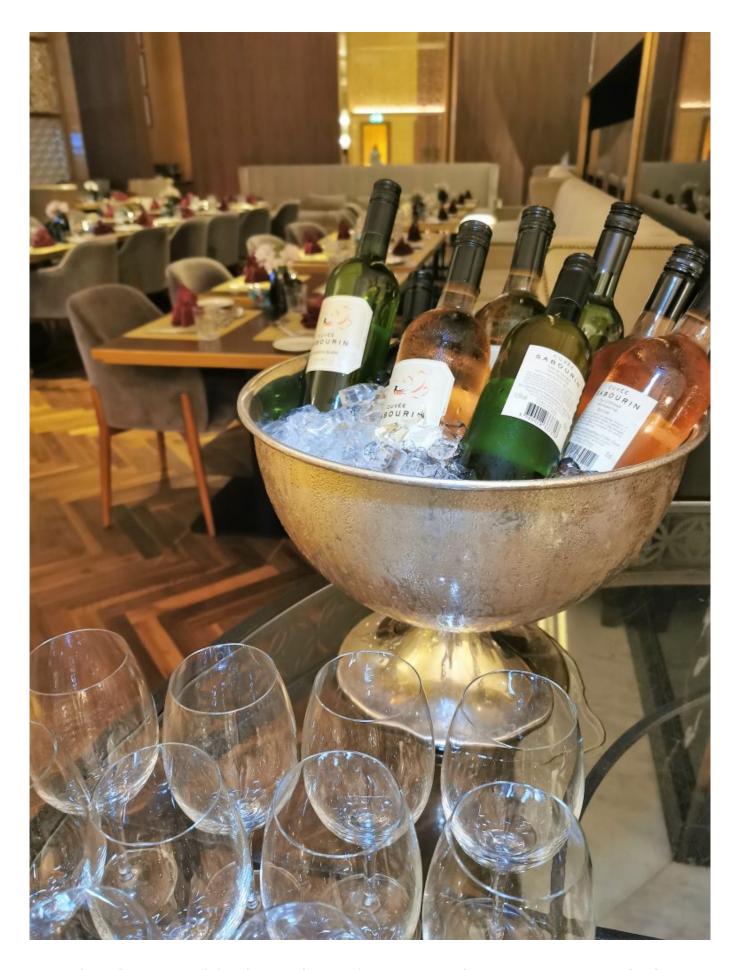


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And naturally also the Seafood Night is fully licensed and chilled, as well as serving a selection of soft drinks.



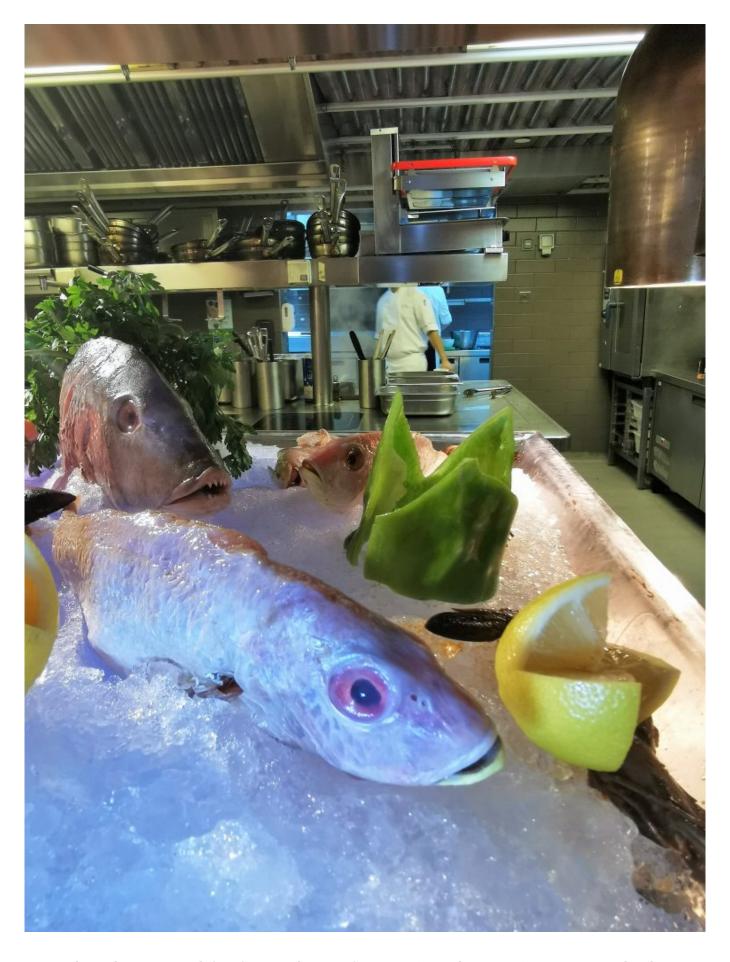


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The dining experience is a combination of a lavish buffet, and live cooking of seafood of your choice, served at your table – so it is the best of both worlds!





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Besides the live cooking - more on that later - the evening presented an enticing variety.

Sushi was present.





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And in quantity, too!





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Iced mountains of crab and shrimp and mussels, also!



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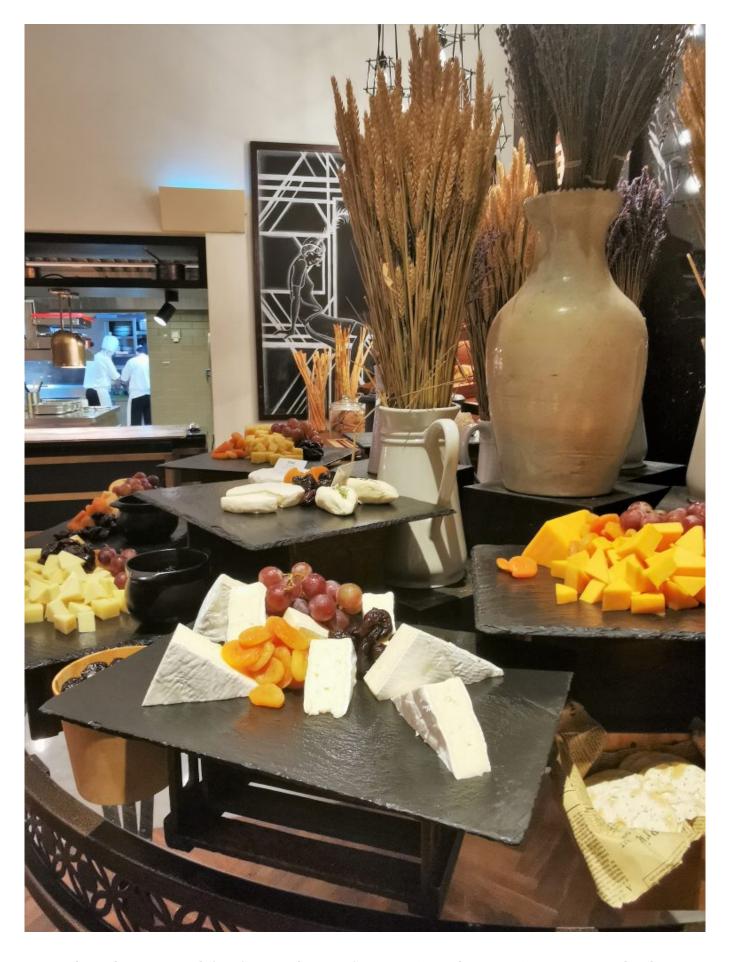


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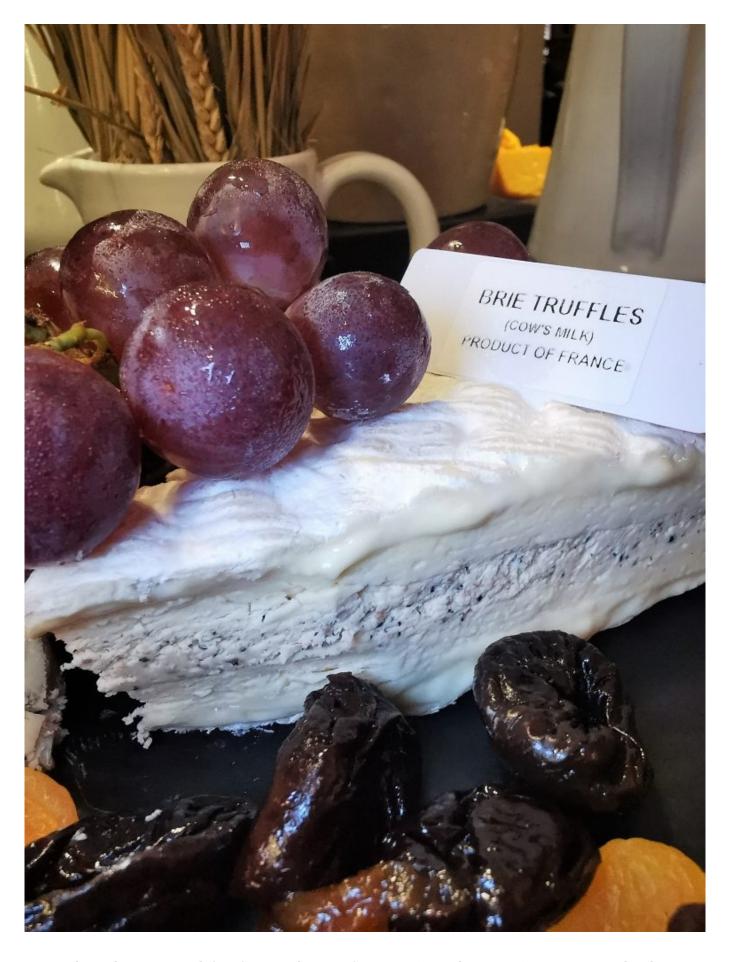
And beyond the seafood selection, also the cheeses featured prominently.





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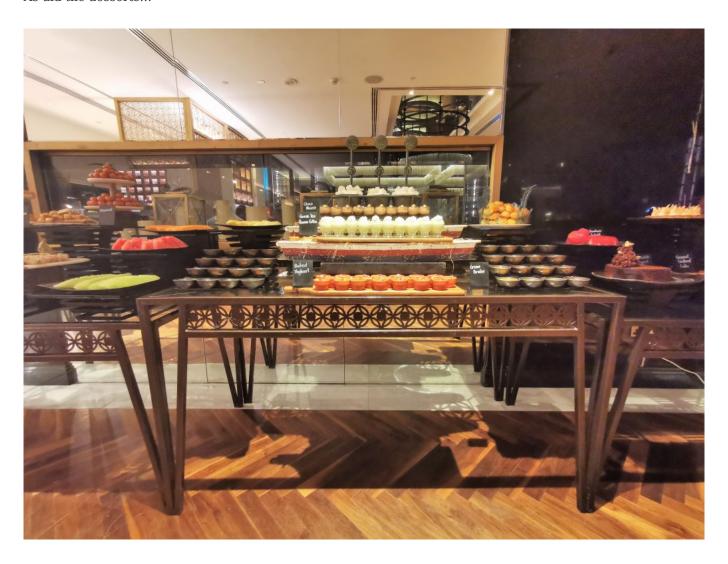




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As did the desserts...







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But it was the live cooking that stole the show.

It's always a thrill to select your own seafood and see it cooked fresh right at that moment!

Or you simply ask for a platter and it arrives at your table, piping hot.

And not just fish...



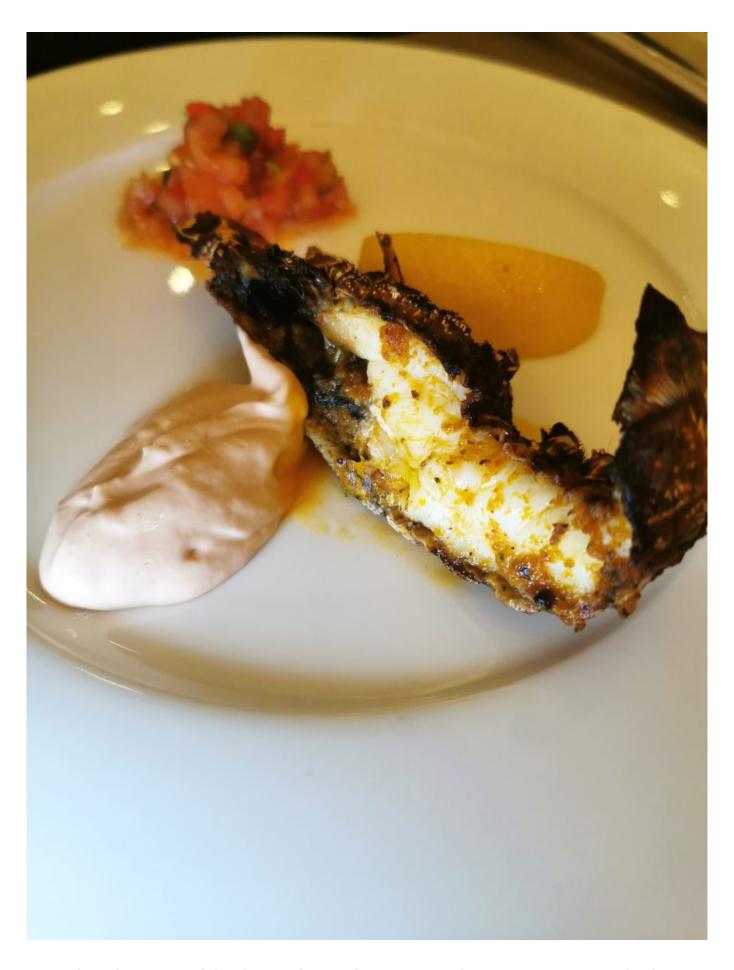


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Delicately pan-fried scallops,





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lobster tails unlimited,





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and all manners of sea creatures!





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And I don't know who she is - but she's hot, and rich, and a pirate!!! How exciting!

Although, I must admit her shoe size is somewhat scary...





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All in all, The H delivered a fantastic evening dedicated to seafood at Eat & Meat, only on Thursdays at the moment – and so if you're a seafood lover, book a table for you and your friends and enjoy a lovely dining experience at Sheikh Zayed Road, number one.

