

*by Debora Khretdao*

Escape from reality for a bit and jump at this chance to pamper yourself. Right outside Al Ain Mall, Vanida Beauty & Spa offers beauty treatments that will leave you feeling rebooted and refreshed. Whether you want a facial, Moroccan bath, hair service, massage, nail service, or waxing/threading, Vanida Beauty can provide all and is ready to spoil you with relaxation.



I think the pandemic has shown us all one thing – the importance of self-love and self-care. After all, we cannot be our best if we are feeling stressed inside... Self-care creates better mental health and well-being. All-in-all, we need to make sure we look after ourselves and I cannot think of a better way to do just that than at Vanida Beauty!





Personally, I enjoy facials and Vanida Beauty offers excellent ones. I left with glowing skin and a feeling of tranquility that lasted the rest of the week! With competitive pricing, and high-quality service, there is no doubt that I will be going back for all my beauty needs.



One of their specialties is their hot stone massage. Designed to melt away tension, improve your circulation and metabolism, and diminish stress and anxiety, this treatment is a must-try. With its numerous proven benefits, it will leave you feeling like a new-you.





When you visit, make sure to check out their special offers and packages for any deals available because they often have discounted promotions that are a steal!





At Vanida Beauty, its all about the experience. Not only are the treatments unwinding, but the ambience, atmosphere, and service matches, too – they will have you feeling like VIP but for a reasonable price. A true hidden gem in Al Ain.



As a beauty center that has something for everyone, Vanida Beauty will have you not wanting to leave. A place to escape and indulge in self-care, forget about the outside world, and plan your visit now. Conveniently located directly opposite Al Ain mall, you have no excuse! Find them on Facebook, Whatsapp, and Instagram for more details. See you there!

