

Always eager to discover fantastic restaurants in Dubai, the elegant Parlour Boutique captures the essence of an upmarket Parisian cafe, located in One Central, directly next to the World Trade Center metro station, along Sheikh Zayed Road.



A streetside cafe and restaurant, complimentary parking is provided courtesy of the nearby Ibis One Central hotel - or abundant underground spaces are available to you in the shopping / residential complex.



For a French-style breakfast, or a coffee and croissant, Parlour Boutique is a perfect destination!



The coffee was exceptional, thanks also to the professional machine and the barista's expertise - a variety are available, as are also fresh juices and mocktails.





But beyond the hot drinks and baked items on display, Parlour Boutique also tickles the sweet tooth with highly sophisticated desserts and cakes!



Of impeccable refinement, and second to none in Dubai, the *mille-feuille* was delightful and evidently the work of someone trained by a master *patissier*!

Look closer at the perfection of execution - as for the taste, it was exceptional.



However, Parlour Boutique goes further, and a full menu is on offer.





Weekend Dining at Parlour Boutique, Dubai

A very rich and fragrant mushroom soup was followed by an interesting adaptation of a Japanese Katsu Curry!





Weekend Dining at Parlour Boutique, Dubai

Both dishes were elevated to fine-dining level, with the mushrooms delivering an earthy umami base, cut very smartly by the use of cream, and then garnished with crispy crunchy slivers of bread - excellent!



And the Chicken Katsu Curry was a pleasant surprise, though I would have preferred more sauce. The composition on the plate was delightful, and the breadcrumb coating of the chicken was ideally matched with a tamago egg with sesame seeds - a very clever addition!





Weekend Dining at Parlour Boutique, Dubai

Again, the execution was pristine and appetizing, with a lovely and petite garnish of roasted potato and sweet potato.



The ambiance made the most of the natural light from the floor-to-ceiling windows, and a pleasant outdoor seating area is available, too.



Overall, for a tip-top French-style brunch, lunch, or coffee and dessert, Parlour Boutique presents an enticing menu of both modern and traditional dishes, as well as exceptional coffee and bakery items in downtown Dubai.